





SMILTENES TRIATLONS



SMILTENES TRIATLONS 2023

Latvijas Čempionāts Vidējā distancē / Latvijas kausa posms Sprinta

REZULTĀTI

Rank	Bib	Category	Name	Club	Nation	SWIM	MIX1	BIKE	MIX2	RUN	Time	Gap
		(Rank)	SWIM	BIKE	RUN	(Rank)	(Rank)	(Rank)	(Rank)	(Rank)		
23	185	M50 (5)	GRASMANIS Dzintars	-	LAT	15:03.21 (29)	47.14 (10)	38:03.82 (33)	59.93 (32)	22:51.05 (18)	1h17:45.15	13:57.05
24	183	M40 (4)	SEROVS Aleksandrs		LAT	16:10.44 (36)	55.78 (15)	36:41.83 (23)	42.83 (15)	23:19.69 (21)	1h17:50.57	14:02.47
25	168	M (9)	RAKS Daniels	TriRunPro	LAT	12:47.94 (9)	1:45.03 (40)	36:42.14 (24)	1:00.18 (33)	26:17.82 (39)	1h18:33.11	14:45.01
26	163	M (10)	DERVANS Vladislavs	TUSA TRI TEAM	LAT	13:54.62 (19)	2:21.81 (50)	37:33.48 (30)	1:18.00 (44)	23:56.07 (25)	1h19:03.98	15:15.88
27	160	M (11)	JUNKURS Andris		LAT	15:22.96 (31)	1:31.82 (32)	37:23.25 (28)	1:01.34 (35)	24:15.04 (27)	1h19:34.41	15:46.31
28	144	F40 (1)	PŪCE Ieva		LAT	12:55.98 (10)	1:09.68 (22)	38:18.70 (35)	53.54 (26)	26:17.25 (38)	1h19:35.15	15:47.05
29	175	M40 (5)	LOČMELIS Aigars		LAT	14:31.66 (25)	1:36.39 (35)	38:11.14 (34)	33.36 (3)	24:51.23 (31)	1h19:43.78	15:55.68
30	186	M50 (6)	PIKŠĒNS Toms	Piramida Triathlon Club	LAT	13:38.02 (18)	1:01.32 (19)	36:26.61 (18)	58.38 (30)	28:34.27 (44)	1h20:38.60	16:50.50
31	140	F (1)	PAUNIŅA Ieva	Piramida triathlon club	LAT	14:40.53 (26)	53.15 (14)	39:33.44 (39)	47.19 (17)	25:14.63 (33)	1h21:08.94	17:20.84
32	137	F19 (1)	BINDERE Sofija	Babītes sporta komplekss	LAT	14:17.16 (23)	51.30 (13)	39:58.10 (40)	42.15 (14)	25:23.49 (34)	1h21:12.20	17:24.10
33	174	M40 (6)	HARKINS Dzintars	DAKO/Mežvalde AD	LAT	18:05.80 (44)	1:19.62 (26)	37:50.67 (31)	51.08 (24)	24:07.55 (26)	1h22:14.72	18:26.62
34	172	M (12)	MARENIS Martins		LAT	16:21.98 (38)	1:45.69 (42)	37:20.73 (27)	1:09.21 (41)	26:04.00 (37)	1h22:41.61	18:53.51
35	167	M (13)	LOGINS-VILKASTE Vladimirs	TRIRUNPRO	LAT	18:36.94 (48)	2:04.31 (47)	38:50.53 (36)	1:06.92 (38)	22:43.31 (17)	1h23:22.01	19:33.91
36	143	F (2)	ĀBELNIECE Anete		LAT	16:58.43 (40)	1:37.14 (36)	37:54.90 (32)	1:05.45 (36)	26:33.20 (40)	1h24:09.12	20:21.02
37	152	M17 (8)	ĻEBEDEVS Ivans	SHARKY	LAT	17:31.62 (41)	1:13.34 (24)	39:05.50 (37)	1:26.23 (48)	24:58.65 (32)	1h24:15.34	20:27.24
38	159	M (14)	KĀRKLIŅŠ Jevgeņijs	Bukulti	LAT	16:11.33 (37)	1:57.94 (44)	40:32.12 (41)	1:08.18 (39)	24:38.19 (29)	1h24:27.76	20:39.66
39	139	F (3)	OSIPOVA Zoja	Triatlona Akadēmija	LAT	14:07.55 (22)	1:40.84 (39)	42:38.79 (44)	49.03 (20)	25:45.00 (35)	1h25:01.21	21:13.11
40	204	M (15)	MEZGAILIS Mārtiņš	KSK	LAT	19:19.27 (50)	1:26.44 (30)	36:03.91 (15)	1:05.62 (37)	28:11.04 (42)	1h26:06.28	22:18.18
41	161	M (16)	VERHOVSKIS Nikolajs		LAT	18:24.47 (45)	2:09.29 (49)	36:10.75 (16)	1:51.65 (50)	27:33.38 (41)	1h26:09.54	22:21.44
42	138	F19 (2)	BARANOVSKA Tina Sonora	Valmieras sporta skola	LAT	14:05.33 (21)	2:08.61 (48)	45:36.82 (49)	49.67 (21)	23:29.53 (23)	1h26:09.96	22:21.86
43	176	M40 (7)	BĒRZIŅŠ Dainis		LAT	15:27.99 (32)	1:59.59 (45)	39:11.19 (38)	1:43.29 (49)	28:52.02 (45)	1h27:14.08	23:25.98
44	134	M50 (7)	BARKER Hugo	Independent	GBR	15:18.93 (30)	1:40.59 (38)	41:15.85 (42)	1:20.90 (46)	29:43.10 (48)	1h29:19.37	25:31.27
45	136	F17 (1)	ABRAMOVA Ļubomila	DTC "Jaunība"	LAT	16:07.30 (34)	1:13.76 (25)	42:26.56 (43)	41.54 (13)	33:09.84 (49)	1h33:39.00	29:50.90
46	169	M (17)	GAIDIS Ceslavs	Rezekne	LAT	18:28.13 (47)	1:38.36 (37)	43:37.50 (47)	1:20.36 (45)	29:15.13 (47)	1h34:19.48	30:31.38



SMILTENES TRIATLONS



SMILTENES TRIATLONS 2023

Latvijas Čempionāts Vidējā distancē / Latvijas kausa posms Sprinta

REZULTĀTI

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		(Rank)	SWIM	BIKE	RUN	(Rank)	(Rank)	(Rank)	(Rank)	(Rank)		
47	182	M40	TARASOVS Jevgenijs	Rezekne	LAT	18:27.22	1:54.84	43:22.64	1:22.11	29:12.84	1h34:19.65	30:31.55
		(8)				(46)	(43)	(46)	(47)	(46)		
48	166	M	ANDERSONS Salvis		LAT	22:13.98	1:24.85	44:22.26	56.01	25:50.99	1h34:48.09	30:59.99
		(18)				(51)	(29)	(48)	(28)	(36)		
49	141	F	LASMANE Laura		LAT	18:55.80	2:00.05	46:54.24	1:00.35	28:14.97	1h37:05.41	33:17.31
		(4)				(49)	(46)	(50)	(34)	(43)		
50	142	F	PETROVA Aļika	NBS TRIATLONA KOMANDA	LAT	14:59.76	1:22.62	47:26.35	50.39	34:22.68	1h39:01.80	35:13.70
		(5)				(28)	(28)	(51)	(23)	(50)		
51	173	M40	ROZENTĀLS Andris		LAT	17:32.92	3:11.16	42:45.98	2:32.62	34:48.78	1h40:51.46	37:03.36
		(9)				(43)	(51)	(45)	(51)	(51)		

Did Not Start (6)

145	F40	KATLAPA Linda	Baltijas Triatlona Klubs	LAT
153	M17	KUROŠS Guntis	DTC "Jaunība"	LAT
156	M	MIHAILOVSKIS Ruslans	LEPSKY TRI COACHING SYSTEM	LAT
177	M40	DZVINKO Kristaps	Valmiera	LAT
178	M40	ŽIGARKOVŠ Viktors	NBS triatlona komanda	LAT
190	M50	KENĢIS Olafs		LAT



SMILTENES TRIATLONS



SMILTENES TRIATLONS 2023

Latvijas Čempionāts Vidējā distancē / Latvijas kausa posms Sprinta

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Category: F / Distance: LK sprints

1	140	F	PAUNIŅA Ieva	Piramida triathlon club	LAT	14:40.53 (2)	53.15 (1)	39:33.44 (2)	47.19 (1)	25:14.63 (1)	1h21:08.94	
2	143	F	ĀBELNIECE Anete		LAT	16:58.43 (4)	1:37.14 (3)	37:54.90 (1)	1:05.45 (5)	26:33.20 (3)	1h24:09.12	3:00.18
3	139	F	OSIPOVA Zoja	Triatlona Akadēmija	LAT	14:07.55 (1)	1:40.84 (4)	42:38.79 (3)	49.03 (2)	25:45.00 (2)	1h25:01.21	3:52.27
4	141	F	LASMANE Laura		LAT	18:55.80 (5)	2:00.05 (5)	46:54.24 (4)	1:00.35 (4)	28:14.97 (4)	1h37:05.41	15:56.47
5	142	F	PETROVA Aļika	NBS TRIATLONA KOMANDA	LAT	14:59.76 (3)	1:22.62 (2)	47:26.35 (5)	50.39 (3)	34:22.68 (5)	1h39:01.80	17:52.86

F11

1	112	F11	GUSTIŅA Marta	Triatlona Akadēmija	LAT	1:47.30 (1)	52.51 (2)	10:48.01 (2)	34.10 (3)	2:19.08 (1)	16:21.00	
2	115	F11	TREIGUTE Lea	Energy Racing Team	LAT	2:02.38 (2)	45.48 (1)	10:45.19 (1)	30.40 (1)	2:46.82 (3)	16:50.27	29.27
3	113	F11	NICIPORE Elizabete	Valmieras sporta skola	LAT	2:03.72 (3)	1:13.62 (5)	12:25.07 (3)	46.01 (6)	2:54.49 (5)	19:22.91	3:01.91
4	117	F11	MEIJERE Maija	Triatlona Akadēmija	LAT	2:32.32 (4)	1:16.16 (6)	12:51.85 (5)	34.97 (4)	2:39.62 (2)	19:54.92	3:33.92
5	116	F11	ZARIŅA Elza Sāra	Babītes sporta komplekss	LAT	3:04.61 (5)	54.71 (3)	12:38.47 (4)	32.46 (2)	2:51.40 (4)	20:01.65	3:40.65
6	114	F11	SAJENKO Poļina	Piramida Triathlon Club	LAT	3:26.43 (6)	1:03.16 (4)	15:04.17 (6)	43.22 (5)	3:29.40 (6)	23:46.38	7:25.38

F13

1	119	F13	SLOKA Nora	Piramida Triathlon Club	LAT	2:07.73 (1)	48.75 (1)	11:40.61 (1)	49.05 (1)	2:55.70 (2)	18:21.84	
2	118	F13	VAKUĻIČA Anastasija	SHARKY	LAT	2:21.63 (2)	1:12.65 (2)	12:09.29 (2)	1:00.69 (2)	2:42.89 (1)	19:27.15	1:05.31





SMILTENES TRIATLONS



SMILTENES TRIATLONS 2023

Latvijas Čempionāts Vidējā distancē / Latvijas kausa posms Sprinta

REZULTĀTI

Rank	Bib	Category	Name SWIM	Club BIKE	Nation RUN	SWIM (Rank)	MIX1 (Rank)	BIKE (Rank)	MIX2 (Rank)	RUN (Rank)	Time	Gap
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F50

1	130	F50	TURISCHEVA Olga		LAT	14:41.74 (1)	2:56.04 (1)	25:53.43 (1)	1:52.76 (1)	18:38.30 (1)	1h04:02.27	
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Did Not Start (2)

	131	F50	KLIEVĒNA Ilze	Individuāli Olaine	LAT							
	132	F50	TĀTTAR Kaja	Valga-Valka SK	LAT							

F9

1	109	F9	GUBINA Jekaterina	Piramida Triathlon Club	LAT	3:03.96 (3)	48.21 (1)	14:17.56 (1)	39.55 (1)	3:16.48 (1)	22:05.76	
2	110	F9	SAJENKO Veronika	Piramida Triathlon Club	LAT	3:27.03 (4)	53.20 (2)	15:17.54 (2)	55.27 (4)	3:18.52 (2)	23:51.56	1:45.80
3	111	F9	ZAICA Evija	DTC "Jaunība"	LAT	2:53.25 (2)	1:05.18 (4)	15:36.45 (3)	47.49 (2)	3:30.54 (3)	23:52.91	1:47.15
4	108	F9	NICIPORE Katrīne	Valmieras sporta skola	LAT	2:33.08 (1)	1:03.06 (3)	15:59.65 (4)	48.73 (3)	3:42.62 (4)	24:07.14	2:01.38

FO

1	72	FO	KAZAINE Iveta	Latvian Cycling Girls	LAT	6:42.66 (1)	1:02.51 (1)	20:11.52 (1)	32.51 (1)	13:09.58 (2)	41:38.78	
2	71	FO	LOCA Gita Līna	TRIRUNPRO	LAT	7:05.14 (2)	1:39.53 (3)	23:05.62 (3)	34.85 (2)	12:16.37 (1)	44:41.51	3:02.73
3	70	FO	VIKŠTREMA Monta		LAT	7:18.29 (3)	1:09.58 (2)	21:35.09 (2)	1:07.02 (4)	14:29.55 (3)	45:39.53	4:00.75
4	73	FO	ĻEBEDEVA Linda		LAT	8:04.48 (4)	1:46.62 (4)	26:36.20 (4)	44.56 (3)	17:15.10 (4)	54:26.96	12:48.18

Category: M / Distance: LK sprints

1	157	M	VEĢERIS Francis Daniels	Baltijas triatlona klubs	LAT	10:35.06 (1)	42.63 (2)	32:23.88 (1)	31.20 (1)	20:46.45 (5)	1h04:59.22	
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09.07.2023 / Smiltene (LAT) / Burkānciems & Co, Smiltenes novada dome

A20023 / 09.07.2023 at 17:26 / Page 3/10

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A2 timing **VOLA** RACING





SMILTENES TRIATLONS



SMILTENES TRIATLONS 2023

Latvijas Čempionāts Vidējā distancē / Latvijas kausa posms Sprinta

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2	165	M	VIDOVSKIS Oskars	NBS triatlona komanda	LAT	11:06.84 (2)	48.40 (4)	34:39.18 (3)	37.94 (2)	19:10.96 (2)	1h06:23.32	1:24.10
3	162	M	PONOMARENKO Andris		LAT	13:06.05 (4)	44.91 (3)	32:32.82 (2)	38.69 (3)	19:50.08 (3)	1h06:52.55	1:53.33
4	164	M	UŠPELIS Kaspars	NBS triatlona komanda	LAT	13:07.00 (5)	59.65 (5)	35:27.14 (4)	41.38 (4)	20:04.66 (4)	1h10:19.83	5:20.61
5	170	M	KALVA Mārtiņš		LAT	14:27.21 (9)	1:32.67 (10)	35:34.11 (5)	1:17.16 (15)	20:56.30 (6)	1h13:47.45	8:48.23
6	205	M	IVANOVŠ Ingars	DTC "Jaunība"	LAT	13:10.60 (6)		36:29.52 (8)	48.33 (5)	23:45.03 (9)	1h14:13.33	9:14.11
7	171	M	LOČMELIS Jēkabs	VSK "Burkānciems&Co"	LAT	17:31.99 (13)	1:11.77 (6)	36:33.86 (9)	1:10.09 (14)	18:07.11 (1)	1h14:34.82	9:35.60
8	158	M	KUCHYN Yurii	Legend Team	UKR	14:02.83 (8)	1:34.99 (11)	36:36.78 (10)	59.27 (7)	21:25.16 (7)	1h14:39.03	9:39.81
9	168	M	RAKS Daniels	TriRunPro	LAT	12:47.94 (3)	1:45.03 (13)	36:42.14 (11)	1:00.18 (8)	26:17.82 (15)	1h18:33.11	13:33.89
10	163	M	DERVANS Vladislavs	TUSA TRI TEAM	LAT	13:54.62 (7)	2:21.81 (18)	37:33.48 (14)	1:18.00 (16)	23:56.07 (10)	1h19:03.98	14:04.76
11	160	M	JUNKURS Andris		LAT	15:22.96 (10)	1:31.82 (9)	37:23.25 (13)	1:01.34 (9)	24:15.04 (11)	1h19:34.41	14:35.19
12	172	M	MARENIS Martins		LAT	16:21.98 (12)	1:45.69 (14)	37:20.73 (12)	1:09.21 (13)	26:04.00 (14)	1h22:41.61	17:42.39
13	167	M	LOGINS-VILKASTE Vladimirs	TRIRUNPRO	LAT	18:36.94 (16)	2:04.31 (16)	38:50.53 (15)	1:06.92 (11)	22:43.31 (8)	1h23:22.01	18:22.79
14	159	M	KĀRKLIŅŠ Jevgeņijs	Bukulti	LAT	16:11.33 (11)	1:57.94 (15)	40:32.12 (16)	1:08.18 (12)	24:38.19 (12)	1h24:27.76	19:28.54
15	204	M	MEZGAILIS Mārtiņš	KSK	LAT	19:19.27 (17)	1:26.44 (8)	36:03.91 (6)	1:05.62 (10)	28:11.04 (17)	1h26:06.28	21:07.06
16	161	M	VERHOVSKIS Nikolajs		LAT	18:24.47 (14)	2:09.29 (17)	36:10.75 (7)	1:51.65 (18)	27:33.38 (16)	1h26:09.54	21:10.32
17	169	M	GAIDIS Ceslavs	Rezekne	LAT	18:28.13 (15)	1:38.36 (12)	43:37.50 (17)	1:20.36 (17)	29:15.13 (18)	1h34:19.48	29:20.26
18	166	M	ANDERSONS Salvis		LAT	22:13.98 (18)	1:24.85 (7)	44:22.26 (18)	56.01 (6)	25:50.99 (13)	1h34:48.09	29:48.87

Did Not Start (1)

156	M	MIHAILOVSKIS Ruslans	LEPSKY TRI COACHING SYSTEM	LAT
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M11

1	102	M11	BARKEVIČS Damirs	DTC "Jaunība"	LAT	1:40.11 (1)	46.66 (1)	11:10.15 (1)	31.81 (1)	2:26.74 (1)	16:35.47	
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09.07.2023 / Smiltene (LAT) / Burkānciems & Co, Smiltene novada dome

A20023 / 09.07.2023 at 17:26 / Page 4/10

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A2 timing **VOLA** RACING





SMILTENES TRIATLONS



SMILTENES TRIATLONS 2023

Latvijas Čempionāts Vidējā distancē / Latvijas kausa posms Sprinta

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2	103	M11	GUSHCHIN Svyatoslav	Triatlona Akadēmija	LAT	2:58.91 (2)	1:45.62 (2)	11:28.22 (2)	36.60 (2)	2:45.78 (2)	19:35.13	2:59.66

M13

1	106	M13	MARNAUZA Roberts	TRIRUNPRO	LAT	1:55.20 (1)	1:09.97 (3)	10:44.28 (1)	29.51 (1)	2:37.08 (1)	16:56.04	
2	104	M13	KOLESNIKS Marks	SHARKY	LAT	1:57.46 (2)	1:05.06 (2)	11:07.57 (2)	38.40 (2)	2:46.82 (3)	17:35.31	39.27
3	105	M13	INKINS Gustavs	Babītes sporta komplekss	LAT	2:03.62 (3)	1:04.63 (1)	11:22.66 (3)	51.45 (3)	2:44.44 (2)	18:06.80	1:10.76
4	107	M13	GUSHCHIN Yaroslav	Triatlona Akadēmija	LAT	2:51.20 (4)	1:20.97 (4)	12:22.13 (4)	53.55 (4)	3:19.33 (4)	20:47.18	3:51.14

M15

1	129	M15	VĪKSNE Gustavs	Piramida Triathlon Club	LAT	5:49.92 (1)	44.98 (4)	17:50.71 (1)	35.73 (1)	10:58.82 (4)	36:00.16	
2	126	M15	ŽIDENŠ Rūdolfs	Individuāli	LAT	6:30.78 (2)	32.70 (1)	18:51.52 (2)	39.33 (2)	9:39.35 (1)	36:13.68	13.52
3	127	M15	CELMĀRS Juris	Jēkabpils sporta centrs	LAT	7:22.37 (3)	41.90 (3)	18:55.37 (3)	47.70 (5)	9:47.01 (2)	37:34.35	1:34.19
4	201	M15	MARKŪNS Adrians	SHARKY	LAT	7:25.04 (4)	39.46 (2)	19:58.35 (4)	43.14 (4)	10:27.22 (3)	39:13.21	3:13.05
5	128	M15	VAKUĻČS Daniils	SHARKY	LAT	8:31.00 (6)	1:36.47 (7)	20:26.90 (5)	1:07.23 (7)	11:13.36 (5)	42:54.96	6:54.80
6	125	M15	STALAZS Emīls	Triatlona Akadēmija	LAT	9:28.82 (7)	1:03.96 (5)	21:40.12 (7)	41.90 (3)	11:15.06 (6)	44:09.86	8:09.70
7	124	M15	ĀBOLIŅŠ Kristofers	Babītes sporta komplekss	LAT	8:27.88 (5)	1:09.63 (6)	20:45.40 (6)	54.56 (6)	16:11.88 (7)	47:29.35	11:29.19

M17

1	147	M17	MEIJERS Miks	Triatlona Akadēmija	LAT	10:35.53 (3)	41.62 (4)	32:22.89 (1)	28.08 (1)	19:39.98 (1)	1h03:48.10	
2	154	M17	ŽIGARKOVŠ Sebastjans	DTC "Jaunība"	LAT	10:31.00 (2)	39.54 (3)	32:29.88 (2)	40.21 (5)	20:58.58 (2)	1h05:19.21	1:31.11

09.07.2023 / Smiltene (LAT) / Burkānciems & Co, Smiltenes novada dome

A20023 / 09.07.2023 at 17:26 / Page 5/10

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SMILTENES TRIATLONS



SMILTENES TRIATLONS 2023

Latvijas Čempionāts Vidējā distancē / Latvijas kausa posms Sprinta

REZULTĀTI

Rank	Bib	Category	Name SWIM	Club BIKE	Nation RUN	SWIM (Rank)	MIX1 (Rank)	BIKE (Rank)	MIX2 (Rank)	RUN (Rank)	Time	Gap
3	150	M17	KRAVALIS Nils	TriRunPro	LAT	10:57.37 (5)	39.53 (2)	33:28.11 (3)	37.11 (2)	21:10.58 (3)	1h06:52.70	3:04.60
4	151	M17	LEIMANIS Oliveris	Triatlona Akadēmija	LAT	10:26.39 (1)	48.74 (6)	35:14.27 (5)	37.91 (3)	23:17.86 (5)	1h10:25.17	6:37.07
5	146	M17	GELBERGS Emīls Dāvis	Individuāli	LAT	11:12.07 (6)	1:08.50 (7)	34:08.13 (4)	38.82 (4)	23:21.79 (6)	1h10:29.31	6:41.21
6	148	M17	VĪTOLS Reinis	Individuāli	LAT	10:53.13 (4)	43.27 (5)	37:06.44 (7)	57.74 (7)	21:24.32 (4)	1h11:04.90	7:16.80
7	155	M17	SKRINDA Linards	DTC "Jaunība"	LAT	13:12.21 (7)	27.87 (1)	36:01.48 (6)	50.13 (6)	24:51.21 (7)	1h15:22.90	11:34.80
8	152	M17	LEBEDEVIS Ivans	SHARKY	LAT	17:31.62 (8)	1:13.34 (8)	39:05.50 (8)	1:26.23 (8)	24:58.65 (8)	1h24:15.34	20:27.24

Did Not Start (1)

153	M17	KUROŠS Guntis	DTC "Jaunība"	LAT
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Category: M40 / Distance: LK sprints

1	181	M40	ŽUNDA Vjačeslavs	Piramida tri club	LAT	16:07.94 (5)	59.60 (2)	34:15.45 (1)	48.64 (4)	21:00.95 (1)	1h13:12.58	
2	180	M40	DEMKO Aleksejs		LAT	13:04.37 (1)	1:22.07 (4)	36:40.52 (2)	39.89 (2)	21:44.93 (2)	1h13:31.78	19.20
3	179	M40	NIKELS Edgars	Virsothe/MARMOT	LAT	14:41.65 (3)	1:45.18 (6)	37:23.97 (4)	1:09.09 (6)	22:32.51 (3)	1h17:32.40	4:19.82
4	183	M40	SEROVS Aleksandrs		LAT	16:10.44 (6)	55.78 (1)	36:41.83 (3)	42.83 (3)	23:19.69 (4)	1h17:50.57	4:37.99
5	175	M40	LOČMELIS Aigars		LAT	14:31.66 (2)	1:36.39 (5)	38:11.14 (6)	33.36 (1)	24:51.23 (6)	1h19:43.78	6:31.20
6	174	M40	HARKINS Dzintars	DAKO/Mežvalde AD	LAT	18:05.80 (8)	1:19.62 (3)	37:50.67 (5)	51.08 (5)	24:07.55 (5)	1h22:14.72	9:02.14
7	176	M40	BĒRZIŅŠ Dainis		LAT	15:27.99 (4)	1:59.59 (8)	39:11.19 (7)	1:43.29 (8)	28:52.02 (7)	1h27:14.08	14:01.50
8	182	M40	TARASOVŠ Jevgeņijs	Rezekne	LAT	18:27.22 (9)	1:54.84 (7)	43:22.64 (9)	1:22.11 (7)	29:12.84 (8)	1h34:19.65	21:07.07
9	173	M40	ROZENTĀLS Andris		LAT	17:32.92 (7)	3:11.16 (9)	42:45.98 (8)	2:32.62 (9)	34:48.78 (9)	1h40:51.46	27:38.88

Did Not Start (2)

177	M40	DZVINKO Kristaps	Valmiera	LAT
178	M40	ŽIGARKOVŠ Viktors	NBS triatlona komanda	LAT

09.07.2023 / Smiltene (LAT) / Burkānciems & Co, Smiltene novada dome

A20023 / 09.07.2023 at 17:26 / Page 6/10

Vola Timing (www.vola.fr) / SkiNordic Pro 11.1.02

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sanāk!



Mežvalde AD



MEŽS



PATA



LATVIJAS MEŽS



spb



SMILTENE



NISSAN



LATSWIM



SLOVENIA



DOZINA 3



TAKU



EPIC



TOP!



EZI



LATVIJAS



LATVIJAS



SMILTENES TRIATLONS



SMILTENES TRIATLONS 2023

Latvijas Čempionāts Vidējā distancē / Latvijas kausa posms Sprinta

REZULTĀTI

Rank	Bib	Category	Name SWIM	Club BIKE	Nation RUN	SWIM (Rank)	MIX1 (Rank)	BIKE (Rank)	MIX2 (Rank)	RUN (Rank)	Time	Gap
MO												
1	149	MO	KUKES Timurs	Babītes sporta komplekss	LAT	4:19.09 (1)	1:22.64 (8)	18:52.46 (3)	53.25 (8)	10:17.09 (1)	35:44.53	
2	78	MO	GRUZIŅŠ Guntis	PATA	LAT	5:15.15 (3)	47.61 (2)	18:25.39 (1)	58.98 (14)	10:53.24 (2)	36:20.37	35.84
3	87	MO	TREIGUTS Ģirc	Energy Racing Team	LAT	4:24.43 (2)	36.68 (1)	19:30.04 (6)	39.65 (5)	11:56.45 (7)	37:07.25	1:22.72
4	77	MO	RADČENKO Ģirts		LAT	5:23.94 (4)	51.74 (3)	18:53.56 (4)	40.04 (6)	12:25.26 (11)	38:14.54	2:30.01
5	93	MO	PUNCULIS Māris		LAT	6:15.86 (9)	1:22.55 (7)	19:49.23 (7)	30.07 (1)	11:24.14 (3)	39:21.85	3:37.32
6	200	MO	HEMELIS Aivars	LV Timber	LAT	5:45.18 (6)	2:03.45 (17)	19:54.82 (9)	31.69 (2)	12:12.05 (9)	40:27.19	4:42.66
7	84	MO	SŪNA Kristaps	moss_fizio	LAT	6:07.01 (8)	2:22.93 (20)	19:12.75 (5)	1:06.24 (17)	12:08.06 (8)	40:56.99	5:12.46
8	88	MO	SIMINAITIS Dāvis	Sports ikvienam	LAT	6:31.12 (12)	1:21.95 (5)	20:19.11 (11)	1:10.15 (18)	11:45.61 (5)	41:07.94	5:23.41
9	96	MO	LAUZIS Renārs	BeTRITON	LAT	6:48.68 (16)	1:33.38 (11)	18:32.61 (2)	55.16 (12)	13:37.83 (18)	41:27.66	5:43.13
10	75	MO	FELCIS Elgars	BK Smiltene	LAT	6:59.24 (20)	1:55.60 (15)	20:59.01 (15)	39.34 (4)	11:27.21 (4)	42:00.40	6:15.87
11	80	MO	KALNINS Kaspars	Pauguriņi	LAT	5:39.01 (5)	1:24.33 (9)	20:58.70 (14)	49.37 (7)	13:23.65 (14)	42:15.06	6:30.53
12	74	MO	VELPS Uldis	Smiltene	LAT	6:56.12 (18)	1:06.82 (4)	20:04.79 (10)	1:11.37 (19)	13:02.77 (12)	42:21.87	6:37.34
13	92	MO	MILGRĀVIS Mikus	Trigo	LAT	6:27.94 (10)	1:42.89 (13)	21:49.18 (19)	53.26 (9)	11:52.91 (6)	42:46.18	7:01.65
14	97	MO	ŠĶĒLE Gatis	TRIRUNPRO	LAT	5:59.03 (7)	2:57.61 (26)	20:39.63 (13)	1:14.31 (21)	12:19.67 (10)	43:10.25	7:25.72
15	94	MO	REIMANIS Arkādijs	SK ASI	LAT	6:35.11 (14)	1:24.99 (10)	19:52.22 (8)	1:33.09 (25)	14:14.98 (20)	43:40.39	7:55.86
16	79	MO	BONDARENKO Roberts	TRIRUNPRO	LAT	6:32.71 (13)	1:34.51 (12)	21:24.03 (17)	53.48 (10)	13:26.71 (15)	43:51.44	8:06.91
17	85	MO	LAZDIŅŠ Māris	Patisoni	LAT	6:28.50 (11)	1:22.09 (6)	22:26.71 (21)	36.96 (3)	13:58.29 (19)	44:52.55	9:08.02
18	95	MO	LAUZIS Aigars	BeTRITON	LAT	6:58.17 (19)	2:11.62 (19)	21:39.62 (18)	1:05.79 (16)	13:27.99 (16)	45:23.19	9:38.66
19	86	MO	KOKS Edgars	BeTriton	LAT	6:44.62 (15)	2:39.13 (22)	22:28.50 (22)	53.63 (11)	13:23.05 (13)	46:08.93	10:24.40
20	82	MO	SAVICKIS Aigars		LAT	7:55.34 (22)	1:50.06 (14)	21:09.76 (16)	1:19.56 (23)	14:22.38 (21)	46:37.10	10:52.57
21	76	MO	OZOLS Andis	VALMIERA GLASS/Burkānciems	LAT	8:40.78 (24)	2:38.27 (21)	20:32.56 (12)	1:16.25 (22)	13:30.05 (17)	46:37.91	10:53.38
22	90	MO	BALKENS Emīls		LAT	8:41.69 (25)	2:52.04 (24)	21:51.38 (20)	58.02 (13)	14:43.69 (22)	49:06.82	13:22.29
23	203	MO	JUREVIČS Andrejs		LAT	8:06.90 (23)	2:52.73 (25)	23:56.60 (24)	1:01.52 (15)	15:14.87 (23)	51:12.62	15:28.09

09.07.2023 / Smiltene (LAT) / Burkānciems & Co, Smiltene novada dome

A20023 / 09.07.2023 at 17:26 / Page 8/10

Vola Timing (www.vola.fr) / SkiNordic Pro 11.1.02

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SMILTENES TRIATLONS



SMILTENES TRIATLONS 2023

Latvijas Čempionāts Vidējā distancē / Latvijas kausa posms Sprinta

REZULTĀTI

Rank	Bib	Category	Name SWIM	Club BIKE	Nation RUN	SWIM (Rank)	MIX1 (Rank)	BIKE (Rank)	MIX2 (Rank)	RUN (Rank)	Time	Gap
24	81	MO	DŪMIŅŠ Andris		LAT	9:44.57 (26)	1:57.55 (16)	23:18.55 (23)	1:37.92 (26)	16:29.05 (25)	53:07.64	17:23.11
25	91	MO	VASILJEVS Romāns		LAT	7:12.69 (21)	2:43.02 (23)	25:02.55 (25)	1:21.62 (24)	17:33.14 (26)	53:53.02	18:08.49
26	89	MO	SAKOVŠ Pjotrs		LAT	6:53.79 (17)	2:11.47 (18)	28:37.18 (26)	1:13.95 (20)	16:27.51 (24)	55:23.90	19:39.37

Did Not Start (1)

83	MO	JĒKABSONS Ints		LAT								
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Stafete

1	56	Stafete	IRONMAN.LV Feafanau Mikita	Soloduha Artjoms	LAT Kudravec Sergejs	30:13.67 (3)	1:02.08 (3)	2h10:24.56 (1)	36.28 (3)	1h18:57.99 (1)	4h01:14.58	
2	55	Stafete	DTC "JAUNĪBA" Levša Anatolijs	Guschin Volodymyr	LAT Paškevičs Arnis	30:48.70 (4)	1:20.87 (4)	2h18:33.98 (2)	33.13 (2)	1h20:01.31 (2)	4h11:17.99	10:03.41
3	53	Stafete	TRIATLONA AKADEMIJA Bula Beāte	Dedzis Mārcis	LAT Gucanovičs Igors	26:01.87 (2)	38.36 (1)	2h22:17.09 (3)	31.69 (1)	1h26:49.84 (4)	4h16:18.85	15:04.27
4	54	Stafete	TEAM - CITI KRUPJI TAI PAŠĀ DĪ Veģeris Maksis Maksimilians	Platacis Agris	LAT Janovs Paulis	25:57.14 (1)	52.94 (2)	2h25:47.53 (4)	39.35 (4)	1h25:32.58 (3)	4h18:49.54	17:34.96
5	57	Stafete	VSK "BURKĀNCIEMS&CO" Trēziņš Gints	Millers Jānis	LAT Mednis Rolands	38:19.96 (5)	1:42.46 (5)	2h39:18.83 (5)	43.24 (5)	1h48:38.02 (5)	5h08:42.51	1h07:27.93

Tautas stafete

1	66	Tautas stafete	RADNIS Beinards Gatis	Zālītis Artūrs	LAT Leimane Zānete	5:08.10 (2)	30.44 (1)	16:14.48 (1)	28.36 (1)	11:13.17 (3)	33:34.55	
2	68	Tautas stafete	ENTUZIASTI Niklass Mārtiņš	Zālītis Didzis	LAT Zālīte Elita	5:32.98 (4)	36.89 (5)	17:19.59 (2)	32.17 (5)	11:40.20 (4)	35:41.83	2:07.28
3	64	Tautas stafete	TEAM - VVV 3 DRAUGI Katlapa Linda	Vanadziņš Ivars	LAT Veģeris Ģirts	5:09.22 (3)	34.93 (3)	19:59.31 (4)	40.52 (8)	10:55.26 (2)	37:19.24	3:44.69
4	59	Tautas stafete	PATA STRENČI NR. 2 Ikšelis Mārtiņš	Matisons Andris	LAT Bačka Kintija	4:47.40 (1)	57.28 (8)	19:59.95 (5)	29.51 (2)	11:44.58 (5)	37:58.72	4:24.17
5	58	Tautas stafete	PATA STRENČI NR. 1 Sijāts Artūrs	Šteinbergs Jānis	LAT Veinberga Baiba	7:59.96 (9)	31.16 (2)	18:14.17 (3)	31.48 (3)	11:45.01 (6)	39:01.78	5:27.23
6	65	Tautas stafete	BLOME RUN Palma Ieva	Palms Gintis	LAT Palms Gatis	7:42.44 (7)	36.75 (4)	23:38.92 (7)	31.68 (4)	12:02.27 (7)	44:32.06	10:57.51
7	62	Tautas stafete	PATA TIMBER Vasilevičs Andrejs	Purberziņš Lauris	LAT Danilova Renata	7:44.72 (8)	1:00.65 (9)	22:02.93 (6)	41.59 (9)	13:35.22 (8)	45:05.11	11:30.56

09.07.2023 / Smiltene (LAT) / Burkānciems & Co, Smiltene novada dome

A20023 / 09.07.2023 at 17:27 / Page 9/10

Vola Timing (www.vola.fr) / SkiNordic Pro 11.1.02

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SMILTENES TRIATLONS



SMILTENES TRIATLONS 2023

Latvijas Čempionāts Vidējā distancē / Latvijas kausa posms Sprinta REZULTĀTI

Rank	Bib	Category	Name SWIM	Club BIKE	Nation RUN	SWIM (Rank)	MIX1 (Rank)	BIKE (Rank)	MIX2 (Rank)	RUN (Rank)	Time	Gap
8	67	Tautas stafē	ALILO RUN Rozensaina-Sakova Jevgenija	Abramova Margarita	LAT Balkena Noemi	7:11.59 (6)	1:21.08 (10)	25:53.39 (8)	39.46 (7)	14:01.35 (9)	49:06.87	15:32.32
9	60	Tautas stafē	PATA MĀRKETING Gribusts Juris	Piokāne Laura	LAT Cvirko Andrejs	6:38.24 (5)	42.53 (7)	27:23.78 (9)	43.69 (10)	14:19.39 (10)	49:47.63	16:13.08
10	63	Tautas stafē	PATA FINANCE Šīrs Jānis	Suprunoviča Diāna	LAT Palmakovskis Raivis	11:13.53 (10)	41.56 (6)	29:03.11 (10)	38.86 (6)	10:49.23 (1)	52:26.29	18:51.74

Did Not Start (1)

61	Tautas stafē	VACANTS staf Erts Matīss	Cvirko Andrejs	LAT Dimante Arnika
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SMILTENES TRIATLONS



SMILTENES TRIATLONS 2023

Latvijas Čempionāts Vidējā distancē / Latvijas kausa posms Sprinta

REZULTĀTI

Rank	Bib	Category	Name	Club	Nation	SWIM	MIX1	BIKE	MIX2	RUN	Time	Gap
		(Rank)	SWIM	BIKE	RUN	(Rank)	(Rank)	(Rank)	(Rank)	(Rank)		
Distance: LK sprints īsā dist.												
1	129	M15	VĪKSNE Gustavs	Piramida Triathlon Club	LAT	5:49.92	44.98	17:50.71	35.73	10:58.82	36:00.16	
		(1)				(1)	(6)	(1)	(4)	(4)		
2	126	M15	ŽIDENŠ Rūdolfs	Individuāli	LAT	6:30.78	32.70	18:51.52	39.33	9:39.35	36:13.68	13.52
		(2)				(5)	(1)	(2)	(5)	(1)		
3	127	M15	CELMĀRS Juris	Jēkabpils sporta centrs	LAT	7:22.37	41.90	18:55.37	47.70	9:47.01	37:34.35	1:34.19
		(3)				(6)	(5)	(3)	(9)	(2)		
4	121	F15	GUSTIŅA Elīza	Triatlona Akadēmija	LAT	6:01.95	39.32	19:53.33	30.58	11:00.13	38:05.31	2:05.15
		(1)				(2)	(2)	(7)	(2)	(5)		
5	122	F15	BULKŅO Karolīna	Triatlona Akadēmija	LAT	6:02.14	41.69	19:49.69	30.50	11:24.72	38:28.74	2:28.58
		(2)				(3)	(4)	(6)	(1)	(8)		
6	123	F15	SULAINĒ Nadežda	DTC "Jaunība"	LAT	6:06.13	48.37	19:42.73	33.26	11:35.82	38:46.31	2:46.15
		(3)				(4)	(7)	(5)	(3)	(9)		
7	201	M15	MARKŪNS Adrians	SHARKY	LAT	7:25.04	39.46	19:58.35	43.14	10:27.22	39:13.21	3:13.05
		(4)				(7)	(3)	(8)	(7)	(3)		
8	133	M60	KŪBAR Andres	EST	EST	7:43.73	1:05.10	18:55.69	44.12	13:01.88	41:30.52	5:30.36
		(1)				(8)	(9)	(4)	(8)	(10)		
9	128	M15	VAKUĻICS Daniils	SHARKY	LAT	8:31.00	1:36.47	20:26.90	1:07.23	11:13.36	42:54.96	6:54.80
		(5)				(10)	(12)	(9)	(12)	(6)		
10	125	M15	STALAŽS Emīls	Triatlona Akadēmija	LAT	9:28.82	1:03.96	21:40.12	41.90	11:15.06	44:09.86	8:09.70
		(6)				(12)	(8)	(11)	(6)	(7)		
11	124	M15	ĀBOLINŠ Kristofers	Babītes sporta komplekss	LAT	8:27.88	1:09.63	20:45.40	54.56	16:11.88	47:29.35	11:29.19
		(7)				(9)	(11)	(10)	(11)	(12)		
12	120	F15	BOMBINA Katrīna	Babītes sporta komplekss	LAT	8:31.02	1:05.37	23:30.10	49.42	14:28.07	48:23.98	12:23.82
		(4)				(11)	(10)	(12)	(10)	(11)		
13	130	F50	TURISCHEVA Olga		LAT	14:41.74	2:56.04	25:53.43	1:52.76	18:38.30	1h04:02.27	28:02.11
		(1)				(13)	(14)	(14)	(13)	(13)		
14	135	M60	MEDNIS Vilis	Smiltene	LAT	15:32.92	1:39.53	25:08.72	2:07.65	20:46.08	1h05:14.90	29:14.74
		(2)				(14)	(13)	(13)	(14)	(14)		

Did Not Start (2)

131	F50	KLIEVĒNA Ilze	Individuāli Olaine	LAT	
132	F50	TĀTTAR Kaja	Valga-Valka SK	LAT	